

2022 Danceline Honor Band Counts

TAKING FLIGHT ROUTINE COUNTS

High School Students Go First: Present (1,2) Ball Change (3,4) Fan (5,6,7,8)

Danceline goes second: Present (1,2) Ball Change (3,4) Fan (5,6,7,8)

Push (1,2) Diagonal Ball Change (3,4) Shampoo (5,6) Right Arm Swings (7,8)

Step Out (1,2) Arm circle ball change (3,4) Drag (5,6) Passe (7,8)

Step Cross Over Turn (1,2,3,4) Step Left (5,6) Push to the back (7,8)

Lean (1,2) Developpe Kick (3) Roll to the Ground (5,6,7,8)

Drag Right (1,2,3,4) Drag Left (5,6,7,8)

Big Arm Circle (1,2,3,4)

Run R,L Leap to the front (1,2,3,4) Present (5,6) Arms Break Down (7,8)

Ball Change Right Foot jump to the back (1,2,3,4) Sway Right (5,6) Sway Left (7,8)

Walk to back: arms out (1,2) down (3,4) Swing Up (5,6,7,8) Fade down in front of you (1,2,3,4)

Pose (5,6,7,8)

Arms up and turn (1,2,3,4)

Pique turn (1,2) Arabesque (3,4) ball change across (5,6) Drag arms push out (7,8)

Left Arm Up (1,2) Right Arm (3,4) Fade Down (5,6,7,8)

Reach forward Left foot (1,2) Roll to ground (3,4) Right arm up (5,6) Look up (7,8)

Push to stand (1,2,3,4) Repeat Walking Arms come up (5,6,7,8) Fade down to back (1,2,3,4)

Pose to front (5,6,7,8) Cross Turn Arms Come up (1,2,3,4,5,6,7,8)

REPEAT FROM BEGINNING:

High School Students Go First: Present (1,2) Ball Change (3,4) Fan (5,6,7,8)

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Push (1,2) Diagonal Ball Change (3,4) Shampoo (5,6) Right Arm Swings (7,8)

Step Out (1,2) Arm circle ball change (3,4) Drag (5,6) Passe (7,8)

Step Cross Over Turn (1,2,3,4) Step Left (5,6) Push to the back (7,8)

Lean (1,2) Developpe Kick (3,4) Roll to the Ground (5,6,7,8)

REPEAT LEAP SECTION:

Run R,L Leap to the front (1,2,3,4) Present (5,6) Arms Break Down (7,8)

Ball Change Right Foot jump to the back (1,2,3,4) Sway Right (5,6) Sway Left (7,8)

Walk to back: arms out (1,2) down (3,4) Swing Up (5,6,7,8) Fade down in front of you

(1,2,3,4) Pose (5,6,7,8)

Arms up and turn (1,2,3,4)

ENDING:

Right Arm circles (1,2,3,4) Both Arms circle up (5,6,7,8)

MUSIC FOR A SUSHI RESTAURANT ROUTINE COUNTS

Arms come up Step out on Right foot (1,2,3) Bounce to Right Arms cross over head (4)

Arms Open weight shifts back to left leg (5,6,7) Arms hit hips and left foot comes in (8)

Hip Circles around (1,2,3) Right foot comes in (4) Step Back Right Arm, then Left arm (5,6) (7,8)

Arms Clean Down (1,2)

Right arm then Left arm to "L Position" (1,2) Circle Snap (3,4) Swap feet (5,6) Shoulder Dip (7,8)

Step Kick (1,2) Ball Change in front (3,4) Leg circles around (5,6) Shoulder dip again (7,8)

Clean (1,2) Step Prep (3,4) Double Coupe Turn (5,6) Jump Out (7,8)

Swing Right (1,2) Swing Left (3,4) Walk Back (5,6,7) Clean (8)

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Prep (1,2) Chaine Turns x2 (3,4) (5,6) Arms Up (7,8)

CHORUS:

Right arm down (1) Left arm down (2) Swing (3,4) Step and jump down (5,6) Body Roll
Up (7,8)

Step Right foot facing Left arms on head (1,2) Step Left foot, arms circle down (3,4) S
shimmy (5 and) Shake (6,7) Arms up on 8

REPEAT x2

REPEAT "L" Section:

Right arm then Left arm to "L Position" (1,2) Circle Snap (3,4) Swap feet (5,6) Shoulder
Dip (7,8)

Step Kick (1,2) Ball Change in front (3,4) Leg circles around (5,6) Shoulder dip again (7,8)

Clean (1,2) Step Prep (3,4) Double Coupe Turn (5,6) Jump Out (7,8)

Swing Right (1,2) Swing Left (3,4)

Arms fade down to your side (5,6) Arms up (7,8)

REPEAT CHORUS x2:

Right arm down (1) Left arm down (2) Swing (3,4) Step and jump down (5,6) Body Roll
Up (7,8)

Step Right foot facing Left arms on head (1,2) Ste Left foot, arms circle down (3,4) S
shimmy (5 and) Shake (6,7)

Right arm swings up (1,2,3) Sit in pose (4)

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BIG NOISE ROUTINE COUNTS

Step Out R, Roll arms up (1,2) Snap down R,L (3,4) Shampoo jump (5,6) Arms in front and sit (7,8)

Step R Snap (1) Step Left (2) turn to back (3) Sit (4) Hip Circle Arms Up (5,6) Step Left (7) Turn front (8)

Step Right (1) Look Left (2) Step Right arm up (3) Swap (4) Ball change arm across (5,6) Step prep (7,8)

Chaine Renverse Jump (1,2,3,4) Arms swing up (5,6) Shimmy (7,8)

Step Tilt kick (1,2) Recover (3,4) Chaine turn left (5,6) Pose (7,8)

Two chaines into calypso leap (1,2,3,4,5,6,7,8)

Step touches with arms back to your spot (1,2,3,4) Chaine turn with arms out (5,6,7,8)

Shampoo left arm (1,2) Clean (3,4) Step back (5,6,7,8)

Step kick and snap (1,2) Step kick right arm up (3,4) Ball change in front (5,6) Ball change back (7,8)

Step kick and snap (1,2) Step kick right arm up (3,4) Ball change in front (5,6) Shake to the right (7 and 8)

Turn to back and wrap arms (1,2) Arms up to front (3,4) Circle around (5,6,7,8)

“L” Arms (1,2) Head looks (3,4) Shake (5,6,7) Hold (8)

Ball change Fan (1,2,3,4)

BREAKDOWN X2:

Shimmy (1,2,3,4) Walk arms circle (5,6,7,8)

Step Left (1) Kick Right (2) Ball change (3,4) Arms out (5) Hips (6) Shake (7,8)

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REPEAT FROM BEGINNING

Step Out R, Roll arms up (1,2) Snap down R,L (3,4) Shampoo jump (5,6) Arms in front and sit (7,8)

Step R Snap (1) Step Left (2) turn to back (3) Sit (4) Hip Circle Arms Up (5,6) Step Left (7) Turn front (8)

Step Right (1) Look Left (2) Step Right arm up (3) Swap (4) Ball change arm across (5,6) Step prep (7,8)

Chaine Renverse Jump (1,2,3,4) Arms swing up (5,6) Shimmy (7,8)

Step Tilt kick (1,2) Recover (3,4) Chaine left (5,6) Pose (7,8)

Two chances into calypso leap (1,2,3,4,5,6,7,8)

Step touches with arms back to your spot (1,2,3,4) Chaine turn with arms out (5,6,7,8)

Shampoo left arm (1,2) Clean (3,4) Step back (5,6,7,8)

Step kick and snap (1,2) Step kick right arm up (3,4) Ball change in front (5,6) Ball change Back (7,8)

Step kick and snap (1,2) Step kick right arm up (3,4) Ball change in front (5,6) Shake to the right (7,8)

Turn to back and wrap arms (1,2) Arms up to front (3,4) Circle around (5,6,7,8)

Ripple from Left side to "L" Arms position for ending pose