TAKING FLIGHT ROUTINE COUNTS

*Starts right on the beginning of the tune. Right arm with baton cradled swing up 1, 2 Left arm swing up 3, 4 Touch hands together up 5, 6 Invert down 7, 8 Flash to front with hand on hip 1, 2 Back flash with arm swinging down, up, and over 3, 4 Flash front with free arm out 5, 6 Back scratch 7, 8 Flash to the front 1, 2 Toss one turn 3 Turn 4, 5 Catch 6 Clean 7 Hold 8 Invert to the side with baton arm up and free arm down 1, 2 Flash with hand on hip 3, 4 Sling baton back 5, 6 Sling to the front 7, 8 Little sling to the left 1 Little sling to the right 2 Big sling to the front 3, 4 Loop to the back 5, 6 Face the front and big sling 7, 8

Grab other end of baton and step ball change to the left 1, 2

Step ball change to the right 3, 4

Swing around with both end grabbed 5, 6

Flash to the front 7, 8

Toss 1

Shampoo with both arms 2

Push arms to the side 3

Clean 4

Catch 5

Hold 6

Repeat series on count 7

*Series repeats 4 more times.

At the end after the one turn, double flash into a sit on right leg, invert and sit, then clean with left arm on hip and baton down.

MUSIC FOR A SUSHI RESTAURANT ROUTINE COUNTS

*Start with baton arm up straight and left arm holding the back of your elbow behind head and left leg popped.

Swing left arm down and up and kick left leg out to the side 1, 2, 3

Left hand grab right hand and sit down on 4

Push arms out and down to sides with weight on your left side 5, 6, 7

Grab baton on both ends 8

Swing baton up and over behind head and put on shoulders 1, 2, 3

Hold 4 Shake 5, 6, 7, 8 Walk left, right, and push baton over head to the front 1, 2 Slide hands to the middle of baton and grab with right hand 3 Flash 4 Toss 5 Touch hands and Hands out the the side 6 Clean 7 Catch 8 Two hand spin 1, 2, 3 Clean arms down 4 Tuck arms to the left and step left 5 Untuck arms down to clean 6 Flash over with both arms 7 Hit with right leg up and look to the right 8 Step left to the front 1 Step right and pop knee and snap with left 2 Step back with right and swing baton arm over with free arm low V 3 Sit back with both arms in low V 4 Shake up 5 Shake down 6 Shake up 7 Shake down 8 Grab ends of baton and bring right end to left shoulder 1, 2

Bring left end to right shoulder 3, 4 Both hands grab middle of baton and turn around 5, 6 Box to the front 7, 8 Toss one turn 1 Turn 2, 3 Catch 6 Hold 7, 8 Horizontal loop to left side 1, 2 Hit 3 Hold 4 Invert back 5, 6 Hit 7 Hold 8 Horizontal finger twirls down with step ball change with free arm up 1 and 2 Horizontal finger twirls up with free arm down 3 and 4 Horizontal finger twirls and turn around, end facing the side with right leg popped 5, 6 Shake and 7, and 8 Bring baton to chest 1, 2 **Box 3, 4** Pass behind your back 4 Outside inside loop and step left touch right 5, 6 Flash to the front and step right touch left 7, 8 Grab baton in the middle and move to behind your head on your shoulders 1, 2, 3, 4 *Start the sequence over and repeat one time.

*On the third and last time after the T-toss you do a two hand spin swing your arms in and up to touch, then cut down (with no invert), double flash and pose.

BIG NOISE ROUTINE COUNTS

*This routine starts with a ripple, honor band girls will start right as the tune begins.

Step left, right and flash and hit arms in L position 1, 2

Step back left, sit right and swing free arm over in low V position and bring baton arm in low V

3, 4

Hold 5, 6, 7, 8

Flash 1, 2

Toss 3

Hand swoop over and

Catch 4

Hold 5, 6, 7, 8

Flash to the front 1, 2

Loop to the back 3, 4

*Hold with arms shoulder level out to the sides.

Hold 5, 6, 7, 8

*Everyone together now.

Shift weight to left side and touch baton arm straight across to left 1

Swing baton arm back to other side and shift to right 2

Touch hands up above head and bring right foot to the inside of your knee 3

Bring arms down into low V 4

Shimmy down 5 and 6

Pop up and clean 7

Hold 8

Tuck baton arm in and left arm down (left leg popped) 1

Switch arms and snap left hand tucked and right arm down (right leg popped) 2

Head roll 3, 4

Bring baton vertical up and down and bring to the middle of your chest with left arm out to the

side 5

Switch arms with right baton still vertical 6

Back scratch 7, 8

Flash 1, 2

Thumb flip toss with right leg up and hand on hip 1

Catch 2

Loop into hitch kick with baton arm and free arm to the sides 3

Leg comes down 4

Hold with arms out 5

Loop baton around side and bring arm up 6

Hit 7

Hold 8

Loop baton horizontal around head and turn around 1, 2

Bring left hand out and place baton on top of hands 3

Hit 4

Step left and loop baton over head 5

Step right 6

Step left and bring baton to side 7

Kick right and pass baton under leg 8 Step down 1 Loop baton over head with left 2 Pass behind back 3 Baby flash with both arms tucked in 4 Push out with free arm up and baton out vertical with left leg popped 5 Push left arm out to the right 6 Switch and push baton arm out vertical 7 Backscratch 8, 1 Clean 2 *Start routine over and repeat 4 times.

swing arms up with left leg out and cut down in the change in music